

| NIDAN KNOWLEDGE EXAM | | | | | | | | | | | | | | | | | | | |
|-----------------------------|----------|----------|----------|----------|----------|----------|---|--|--|--|--|--|--|----------------------------------|----------|----------|----------|----------|----------|
| TACHI-WAZA PICK (8) | M | P | F | S | G | E | NE-WAZA | | | | | | | | | | | | |
| KO-SOTO-GAKE | 0 | 1 | 2 | 3 | 4 | 5 | KATAME-WAZA (PICK 3) | | | | | | | M | P | F | S | G | E |
| TSURI-GOSHI | 0 | 1 | 2 | 3 | 4 | 5 | KUZURE-KESA-GATAME | | | | | | | 0 | 1 | 2 | 3 | 4 | 5 |
| YOKO-OTOSHI | 0 | 1 | 2 | 3 | 4 | 5 | KUZURE-KAMI-SHIHO-GATAME | | | | | | | 0 | 1 | 2 | 3 | 4 | 5 |
| ASHI-GURUMA | 0 | 1 | 2 | 3 | 4 | 5 | KUZURE-YOKO-SHIHO-GATAME | | | | | | | 0 | 1 | 2 | 3 | 4 | 5 |
| HANE-GOSHI | 0 | 1 | 2 | 3 | 4 | 5 | KUZURE-TATE-SHIHO-GATAME | | | | | | | 0 | 1 | 2 | 3 | 4 | 5 |
| HARAI-TSURI-KOMI-ASHI | 0 | 1 | 2 | 3 | 4 | 5 | USHIRO-KESA-GATAME | | | | | | | 0 | 1 | 2 | 3 | 4 | 5 |
| TOMOE-NAGE | 0 | 1 | 2 | 3 | 4 | 5 | SHIME-WAZA (PICK 1) | | | | | | | | | | | | |
| KATA-GURUMA | 0 | 1 | 2 | 3 | 4 | 5 | KATA-JUJI-JIME | | | | | | | 0 | 1 | 2 | 3 | 4 | 5 |
| SUMI-GAESHI | 0 | 1 | 2 | 3 | 4 | 5 | GYAKU-JUJI-JIME | | | | | | | 0 | 1 | 2 | 3 | 4 | 5 |
| TANI-OTOSHI | 0 | 1 | 2 | 3 | 4 | 5 | NAMI-JUJI-JIME | | | | | | | 0 | 1 | 2 | 3 | 4 | 5 |
| HANE-MAKE-KOMI | 0 | 1 | 2 | 3 | 4 | 5 | KANSETSU-WAZA (PICK 1) | | | | | | | | | | | | |
| SUKUI-NAGE | 0 | 1 | 2 | 3 | 4 | 5 | UDE-HISHIGI-UDE-GATAME | | | | | | | 0 | 1 | 2 | 3 | 4 | 5 |
| UTSURI-GOSHI | 0 | 1 | 2 | 3 | 4 | 5 | UDE-HISHIGI-HIZA-GATAME | | | | | | | 0 | 1 | 2 | 3 | 4 | 5 |
| O-GURUMA | 0 | 1 | 2 | 3 | 4 | 5 | TWO ESCAPES | | | | | | | | | | | | |
| SOTO-MAKI-KOMI | 0 | 1 | 2 | 3 | 4 | 5 | KUZURE-KESA-GATAME | | | | | | | 0 | 1 | 2 | 3 | 4 | 5 |
| UKI-OTOSHI | 0 | 1 | 2 | 3 | 4 | 5 | KUZURE-KAMI-SHIHO-GATAME | | | | | | | 0 | 1 | 2 | 3 | 4 | 5 |
| TWO COMBINATIONS: | | | | | | | KUZURE-TATE-SHIHO-GATAME | | | | | | | 0 | 1 | 2 | 3 | 4 | 5 |
| FIRST COMBINATION | 0 | 1 | 2 | 3 | 4 | 5 | AVOIDING KANSETSU-WAZA | | | | | | | | | | | | |
| SECOND COMBINATION | 0 | 1 | 2 | 3 | 4 | 5 | UDE-HISHIGI-JUJI-GATAME | | | | | | | 0 | 1 | 2 | 3 | 4 | 5 |
| TWO COUNTERS: | | | | | | | ENTRY THROUGH LEGS | | | | | | | | | | | | |
| FIRST COUNTER | 0 | 1 | 2 | 3 | 4 | 5 | FIRST METHOD | | | | | | | 0 | 1 | 2 | 3 | 4 | 5 |
| SECOND COUNTER | 0 | 1 | 2 | 3 | 4 | 5 | SECOND METHOD | | | | | | | 0 | 1 | 2 | 3 | 4 | 5 |
| | | | | | | | THIRD METHOD | | | | | | | 0 | 1 | 2 | 3 | 4 | 5 |
| | | | | | | | TURN OVER W/ UKE ON KNEES & ELBOWS | | | | | | | | | | | | |
| | | | | | | | FIRST METHOD | | | | | | | 0 | 1 | 2 | 3 | 4 | 5 |
| | | | | | | | SECOND METHOD | | | | | | | 0 | 1 | 2 | 3 | 4 | 5 |
| | | | | | | | THIRD METHOD | | | | | | | 0 | 1 | 2 | 3 | 4 | 5 |
| | | | | | | | TURNOVER W/ TORI ON THE BACK | | | | | | | | | | | | |
| | | | | | | | FIRST METHOD | | | | | | | 0 | 1 | 2 | 3 | 4 | 5 |
| | | | | | | | SECOND METHOD | | | | | | | 0 | 1 | 2 | 3 | 4 | 5 |
| | | | | | | | THIRD METHOD | | | | | | | 0 | 1 | 2 | 3 | 4 | 5 |
| | | | | | | | UKE/TORI HEAD TO HEAD | | | | | | | | | | | | |
| | | | | | | | FIRST METHOD | | | | | | | 0 | 1 | 2 | 3 | 4 | 5 |
| | | | | | | | SECOND METHOD | | | | | | | 0 | 1 | 2 | 3 | 4 | 5 |
| | | | | | | | THIRD METHOD | | | | | | | 0 | 1 | 2 | 3 | 4 | 5 |
| SCORING | | | | | | | TOTAL SCORE | | | | | | | | | | | | |
| MISTAKE | 0 | | | | | | | | | | | | | | | | | | |
| POOR | 1 | | | | | | | | | | | | | 96 POINTS MINIMUM TO PASS | | | | | |
| FAIR | 2 | | | | | | | | | | | | | | | | | | |
| SATISFACTORY | 3 | | | | | | | | | | | | | | | | | | |
| GOOD | 4 | | | | | | | | | | | | | | | | | | |
| EXCELLENT | 5 | | | | | | | | | | | | | | | | | | |